



## DELHI PUBLIC SCHOOL, FIROZABAD

**Under the Aegis of Delhi Public School Society, East of Kailash New Delhi**  
(Senior Secondary) Affiliated to CBSE New Delhi. (Code: 2133064)



### News Letter Class NURSERY, September 2024



#### Hello, Little Explorers!

Welcome to September! We are excited to start this new month with many fun activities, learning, and adventures!

Let's see what we have planned for you!

We are waiting for all of you with our hearts filled with love and arms spread on Teacher's Day. Be present and don't forget to give us a big HUG. This month begins with the blessings of lord Ganesha. We will welcome our beloved lord Ganesha and worship him with Riddhi Siddhi to be blessed. This month, we have planned Declamations and Show Tell for our little learners, it is required to convey a message with clarity, emotion, and persuasiveness and to eliminate the fear of public speaking.

Hindi Diwas is also planned to show our respect for our mother tongue. Storytime Adventures  something most welcomed by kids We have some wonderful stories to share this month. Story time will be so much fun with puppets and props! Creative Arts and Crafts  your paintbrushes ready! We'll make handprint art, fun collages, and even craft something amazing in your scrapbook.

Grandparents Day Celebration with Music and Movement  We'll be singing new songs, dancing, and even learning some new moves with melodious pieces devoted to our Grandparents, a day to create lifelong memories on its way. Nature Walks, Outdoor Play, and PE Events  are aligned as the weather cools down, and we'll enjoy more time outside. We'll go on nature walks around the school and explore the beautiful changes as fall begins!

Let's welcome an amazing month!

Thank You!



## AS WE LOOK FORWARD..... HELPFUL HINTS--

**BEING READY-**We would like to draw your attention towards a few important points that can help to imbibe a sense of responsibility, discipline, and regularity in your ward.

☒☒ Please go through the first few pages of the **almanac** as these pages provide a lot of handy information that you would find useful for the whole year. Kindly ensure that the student **information pages** in the almanac are duly filled. The photograph of the child must be in school uniform (summer uniform).

☒☒ The **almanac** is an important link between the school and home. It must be **brought to school every day**. Go through it daily for any message you need. **Remarks** put down in the almanac should be seen and **countersigned regularly**.

☒☒ In case of the child's absence from school, kindly ensure that the leave record is filled in in the child's almanac. Please get the leave sanctioned well in advance if your ward is required to take leave on any working day. In case of medical reasons, leave extending to three or more working days must be supported with a medical certificate.

☒☒ **Parents are requested to send an extra set of their child's clothes in case they get wet or something else..**

## PARENTS, SOMETHING TO REMEMBER

Go through your child's Almanac every day, as there may be some important information.

Circulars sent by the school may be printed or sent through email, WhatsApp, or the Coradius app. Kindly send the notebooks/textbooks covered and labeled.



## FEW POINTS TO REMEMBER



**KINDLY ENSURE THAT ALL THE BELONGINGS OF YOUR CHILD INCLUDING - SHOES, SOCKS, BAGS WATER BOTTLE BOOKS, AND STATIONERY ITEMS ARE LABELLED PROPERLY**

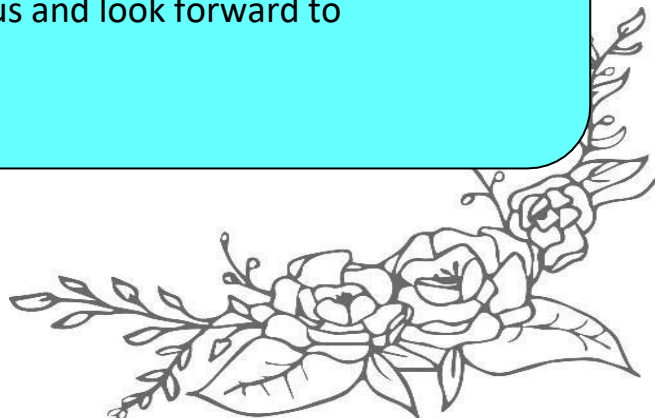
- Students must wear their **Identity Cards** to school daily.
  - If you wish to communicate with the school, the letter should be . . addressed to the Principal. Mention your **child's name, class, and section admission number, address, and phone number,** clearly on an A-4 size sheet
  - All students are expected to **wear neat, clean, and proper school uniforms** as specified.
  - Please go through your child's notebooks/books daily and help them to keep them in **GOOD CONDITION** and **COMPLETE, INCOMPLETE WORK** if any.
  - **IF THE CHILD IS NOT WELL PLEASE DO NOT SEND HIM/HER TO SCHOOL (NOT WITH ANY MEDICINE ALSO ),** GIVE THEM PROPER REST, LOVE, AND CARE AT HOME, AND SEND WHEN **THEY FEEL COMPLETELY FIT.**
- .Please **do not call teachers or message them during KIDS STUDY hours.** In case of any emergency please leave a message at the front desk.
- .Send **healthy food and enough water** with a small hand towel the lunch box .

No wristwatches, gold ornaments or additional accessories to be worn by the students.

Please send 8 latest passport-size photographs of your child in uniform for various activities being done throughout the year. This could be sent in a sealed envelope with your child's name, class and section written on it.

For quick queries and questions, feel free to email or message the - coordinator. If you require a longer discussion, please arrange for an appointment with the coordinator or teacher.

We greatly appreciate your co-operation with us and look forward to experiencing the same throughout the year.





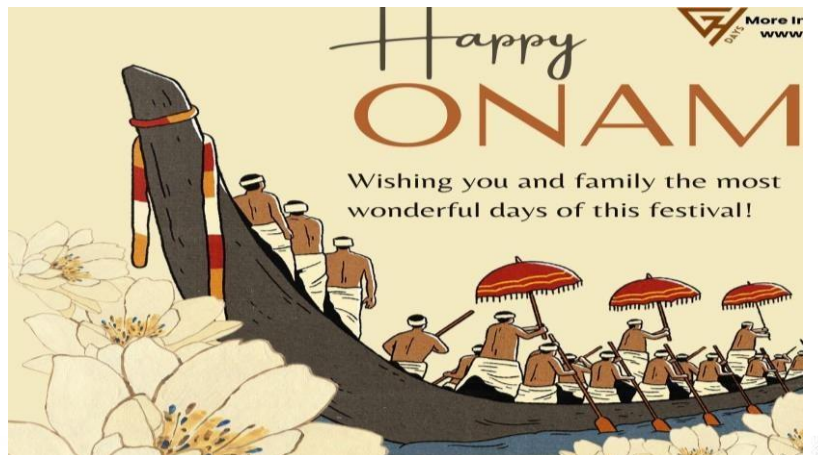
## THEME OF THE MONTH- ANIMAL'S WORLD



## VALUE OF THE MONTH- "HONESTY AND TRUTHFULNESS".

-We aim to focus on these values through stories and enactments. Children will be told stories like:

- Pinocchio
- Monkey and the crocodile



# SYLLABUS OF THE MONTH

## MUSIC

Introduction of Swar Vocal  
Sa, re, ga, ma, pa, Rhymes for Action  
Rolly Polly Song -Instruments Introduction  
Congo. Beats - Dhin, Ta.

## ART & CRAFT

1. Work of scrapbook.
2. One Craft of September month.
3. Colouring in 3 to 4 pages of drawing book.

## DANCE

Abhyas of namaskar Half turn Full turn

Hasta mudra Pataka Tripataka Ardhpataka

Kartarimukha Mayur Ardhchandra Aral song

## PHYSICAL EDUCATION:

General fitness exercises  
Swimming , Practice for the  
hurdle race

## ENGLISH :

Syllabus of Nursery Month - September ENGLISH

\* Phonic Drill , Letter Recognition

\* I,J,K,L - i,j,k,l , words Related to Alphabets

•General Conversation-

1- I like good food.

2- I like vegetables.

3- I like fruits.

\* Actions Words - \*Catch & throw ,Walk & play ,•Alphabet Rhyme

\* Writing Skills In Notebook- C, D, E, F, \* English Activity A- Letter Y, M, N

\* Activities - Clay Modeling patterns, •Rhyme For the Month - page no. 9

## EVS

•Plant life - Identification of flowers   , fruits   & vegetables  

\* Animal Life - Wild and Domestic animals

Written - Worksheet

## MATHS

\* pre- math Concepts,1- Same - Different,2- Heavy – Light, \* Recognition of 8,9,10

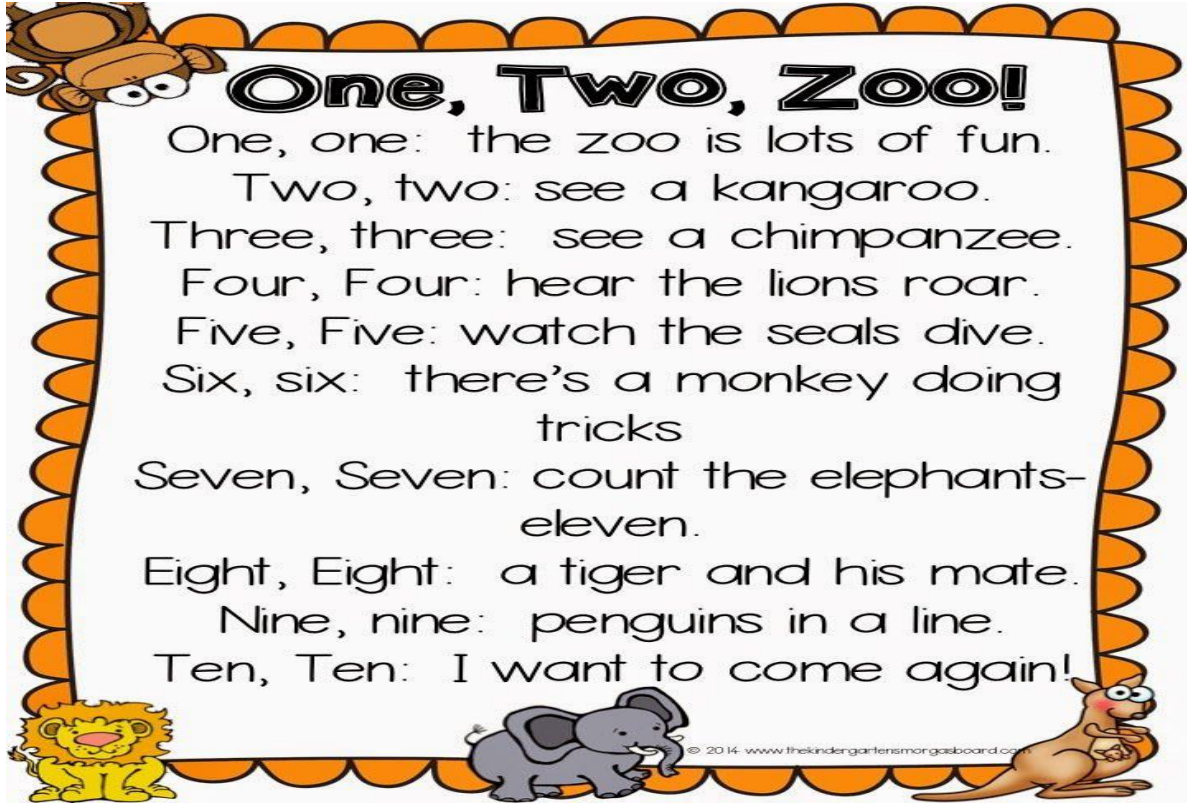
\* Counting Oral 1- 10,\* Missing Numbers 1- 10,\* Writing Practice in Notebook - 3, 4, 5

\* What comes after - 1 to 10 ,•Shapes : Circle  , Square  , Triangle  ,Star  ,Heart  ,Oval .

## HINDI

- अ से ऋ तक की पहचान
- \* इ , ई, उ, ऊ का लेखन
- \* कविता - page no. 10

## RHYME TIME



## Teachers' Day Poem

Thank you teacher  
You're so kind  
You gave me joy  
And peace of mind

## THE MONTH-BON APPETITE

<b>DAY</b>	<b>MENU</b>	<b>HOW DOES IT HELP IN WELL BEING OF THE CHILD</b>
<b>Day1 Monday</b>	<p><b>Veg sandwich &amp; Ghee roasted makhana(lotus seeds)</b></p> <p>An easy sandwich, that kids would love with cheese and vegetables. Choose fiber-rich bread and roasted makhana for a healthier choice. You can choose any sandwich spread like Mayonnaise or peanut butter, which is also your kid's liking.</p>	<p>{With this kids will get- -Carbs, protein, green vegetables, and fibers Super food makhana is rich in proteins and fiber. Makhana is a very good source of calcium. etc..}</p>
<b>Day2 Tuesday</b>	<p><b>Roti, Paneer butter masala or Any other paneer recipe, Cucumber salad and 1 handful of mixed nuts</b> (Pistachios, Dates, Cashew nuts, Almonds, Walnuts, Raisins)Paneer with rich buttery gravy goes well with the soft rotis, that will be a kid's favorite!</p>	<p>{With this, Kids will get Carbs, protein, fat, Vitamins, iron,and fibers- }</p>
<b>Day 3 Wednesday</b>	<p><b>Pav Bhaji, plain or jaggery-coated dry fruits</b> Mixed veggies cooked with masala and topped with butter chopped onion, and lemon juice with pillow-soft buns! You can chop the veggies the day before and use burger buns too.</p>	<p>{Withthis, kids willget- Carbs, protein, fat, Vitamins, and fibers-}</p>
<b>Day 4 Thursday</b>	<p><b>Channa pulao or chole--Rice, Apples, or fruit salad</b></p> <p>Soak basmati rice and chana overnight and morning you can make this pulao easily! With a little prior preparation, you can also make chole-rice. Healthy for your kids too!!</p>	<p>{Withthiskidswillget-- carbs,protein,vitamins ,mineralsandfibers}</p>
<b>Day5Friday</b>	<p><b>Any fermented dish,--Indian sambhar, dhokla, uttapam, and coconut chatni and 1 slice of banana bread etc..</b></p>	<p>{With this kids will get-- carbs, protein, vitamins, mineralsandfibers}</p>



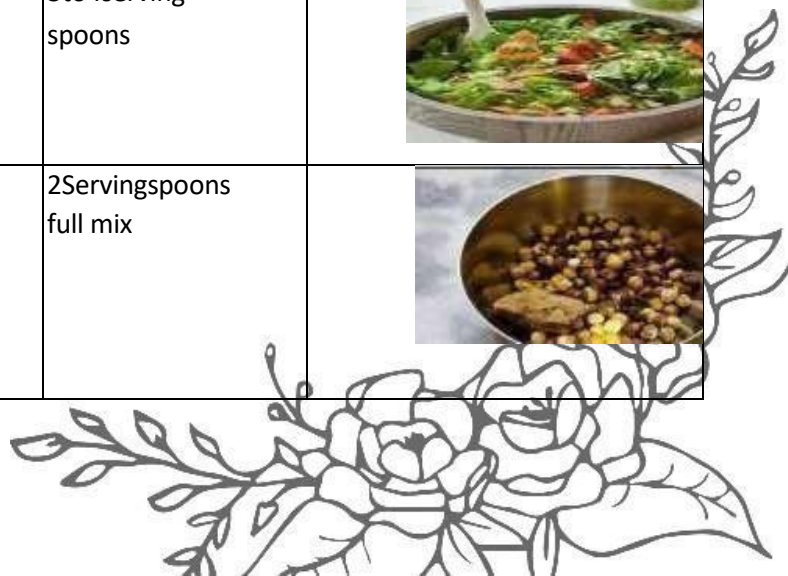
## MEAL PLAN-

**Eat healthy, feel healthy & keep yourself healthy**

**Crunch & Sip is a set time in preprimary & primary wings for students to 'refuel' on vegetables, salad, and fruit and 'rehydrate' with water. Students who are not hungry and well hydrated perform better in the classroom, showing concentration and less likely to abruption.**

### Healthy Options For Fruit Break—

SN	Type	Ingredients	Quantity	Look at Me
1.	Healthy Roast Ed Seed Mix	1cup(150gms)sunflower seeds+ 1cup(150gms)pumpkin seeds+ 1cup(150gms)flaxseeds+1/2cup(75gms)white sesame seeds +1/2cup(75gms)sesame seeds	1.5 Serving spoons	
2.	Dry Fruit Mix	Cashew nuts+ Almonds +pistachios +dates +Raisins + any other dry fruit	2Serving spoons	
3.	Fruit mix or any Seasonal fruit	¼CupApple+1/4+Banana+¼cuppapaya+ ½tsp soaked chia seeds Or a mix of Available fruits	1 big bowl or3Serving spoons	
4.	Sprouts	2spoon of sprouts of Moong+2spoons Of Boiled chick peas+few drops of Lemon +black salt +sesame seeds	3to4serving spoons	
5.	Salad	½tomato+1/2onion+¼cucumber+2tsp choppedCoriander+3tspChopped Spinach+2TSPbeetroot+1tspolive oil+1tspflexseeds	3to4serving spoons	
6.	Soaked Black gram or chana +Gud jaggery	3tsp Black Lentil o dry roasted chana+2TspJaggery	2Servingspoons full mix	





## MAKE LUNCH BOX-HEALTHY & YUMMY-

### Onion Rice+ Fried Potato+ Orange

#### tomato, cubed

- 1 red chilli
- 5 cloves garlic
- 1 inch ginger
- for onion rice:
  - 2 tbsp oil
  - 1 tsp cumin
  - 1 bay leaf
  - 5 onion sliced
  - ½ tsp turmeric
  - ½ tsp coriander powder
  - ½ tsp cumin powder
  - ½ tsp [garam masala](#)
  - 4 cup cooked rice
  - ½ tsp salt
  - 2 tbsp coriander, finely chopped



#### INSTRUCTIONS

**firstly, in a mixer jar take 1 tomato, 1 dried red chilli (optional ), 5 cloves garlic and 1 inch ginger.**

- grind to fine paste. masala paste is ready. keep aside.
- in a pan heat 2 tbsp oil. splutter 1 tsp cumin and 1 bay leaf.
- add 5 onion shallots and sauté until it turns golden brown.
- further add ½ tsp turmeric, ½ tsp coriander powder, ½ tsp cumin powder, ½ tsp garam masala.
- sauté on low flame until the spices turn aromatic.
- now add 4 cup cooked rice and ½ tsp salt.
- mix well making sure all the masala is coated well with rice.
- add in 2 tbsp coriander and mix well.
- finally, enjoy Onion Rice Recipe with aloo fry for your lunch box.



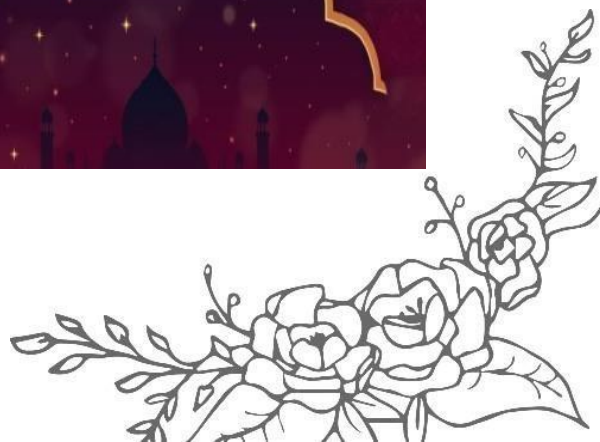
## EVENTS OF THE MONTH

Day/ Date	Events
<b>Thursday, September 5, 2024</b>	Teacher's Day(Nursery to 2 <sup>nd</sup> )
<b>Friday , September, 6 2024</b>	Ganpati Sthapana
<b>Thursday, September 13, 2024</b>	Hindi Diwas (Nursery to UKG)
<b>Friday, September 14,2024</b>	Hindi Diwas (I & II)
<b>Monday, September 16,2024</b>	Show & Tell ( Nursery )
<b>Tuesday, September 17, 2024</b>	Declamation(LKG A)
<b>Wednesday, September 18, 2024</b>	Declamation(LKG B)
<b>Thursday,, September 19,2024</b>	Declamation(UKG A)
<b>Friday, September 20, 2024</b>	Declamation(UKG B)
<b>Monday, September 23, 2024</b>	English Assessment
<b>Tuesday, September 24, 2024</b>	Evs assessment
<b>Wednesday, September 25, 2024</b>	Hurdle Race(Nursery to 2 <sup>nd</sup> )
<b>Saturday, September 28, 2024</b>	Grand Parents Day(Nursery to 2 <sup>nd</sup> )

- **THE ACTIVITIES ARE SUBJECT TO CHANGE.**

## IMPORTANT DAYS OF THE MONTH

- 5 September - Teachers' Day (India)
- 5<sup>th</sup> TO 17<sup>th</sup> September - Onam
- 7 September- Ganesh Chaturthi
- 11 September - World First Aid Day
- 13 September- International Chocolate Day
  
- 16 September- Eid Milad-Un-Nabi
- 27 September World Tourism Day
- 29 September - World Heart Day



# Celebrate An Ecofriendly Ganesh Chaturthi

- ❖ .Eco-Friendly Ganpati Decorations.
- ❖ .Use **Biodegradable Plates** for Prasad.
- ❖ .Use **Chemically Free** Rangoli Colours.
- ❖ .**Restrict Music** to Reduce Noise Pollution.
- ❖

## Eco Friendly Ganpati Visarjan...

The celebration of the festival takes place on a huge scale that is leading to several environmental issues. The immersion of the Ganesh idols and other materials required to perform rituals lead to water pollution whereas the huge loudspeakers played during the whole festival increase noise pollution.

The **eco-friendly Plant Ganesha** is one of the best ways to give back some goodness to Mother Nature. The idols are made entirely from clay and **plant seeds are placed inside**.

The immersion (**visarjan**) of this idol is done in a pot and within a few

days of immersion, the **seeds start to spring**. Isn't that the best way to stay bless.



\_\_\_\_\_  
Signature of Class teacher

\_\_\_\_\_  
Signature of Coordinator

\_\_\_\_\_  
Signature of Principal



## Assessment syllabus for September NURSERY

**Monday, September 23, 2024**

**English-**

Oral - Recognition -A, a to H, h and 2-2 words  
Related to the letter  
Phonic Sound- A to H

Written -Letter A to D  
A ,a to H h matching  
Rhyme- Teddy bear, Teddy bear, Turn around

**Tuesday, September 24, 2024**

**EVS**

Oral-

- \* Sense organs
- \* Parts of Body ( 5 names)
- \* people who help us

- \* Written - People who help us {match the columns worksheet}}
- \* Sense organs

**Assessment of Music:- Date:- /04 /09/2024 Class-Nursery**

Rolly polly, roly polly  
Up up up  
Rolly polly roly polly  
Down Down down

**Assessment of Dance:- Date:- 09 /09/ 2024 Class - Nursery**

Namaskaar  
Song - Bom bom bole

**Assessment of ART:- Date:- 12/09/ 2024 Class – Nursery**

1. Colouring the Picture
  2. Drawing of lines
- PE department